

# Media Release



## North Sydney Unit

North Sydney SES  
10 Middlemiss Street  
North Sydney NSW 2060

Telephone: (02) 9956 5655  
Email: [northsydney.ses.ops@bigpond.com](mailto:northsydney.ses.ops@bigpond.com)

30 April 2007

## MOSMAN AND NORTH SYDNEY SES TAKE ON RESCUE COMPETITION

On Sunday 29 March, six volunteers each from Mosman and North Sydney State Emergency Services (SES) demonstrated their skills and determination at the Northern Region Rescue competition in Hornsby.

Competing against five other Units, the Mosman and North Sydney teams showed how a lot of hard work commitment can make all the difference when they performed strongly at each of the rescue stands and came second and third (respectively) overall. Hornsby Unit took out the title and will go onto the State Rescue competition later this year.

From General Rescue, to Storm & Water Damage, First Aid and Operating Communications Equipment, the volunteers skills were tested in all areas.

“It really was an amazing opportunity for us to put our skills to the test and showcase the range of areas the SES is involved with,” said Cheryl Hambly, North Sydney Deputy Contoller and Team Leader for the day. “The team really did our unit proud and we not only found the event rewarding and challenging, but also a lot of fun. A big congratulations also to Mosman and Hornsby for a fantastic result all round.”

“We put in a lot of additional training and it was great to get people from across our unit involved,” said Josh Shields, Mosman Deputy Controller and Team Leader for the day. “There are a lot of clear benefits for all and I’m sure we’ll be back again at the next Rescue Competition. We’d also like to congratulate North Sydney and wish Hornsby all the best at the State Rescue competition, we know they’ll represent NSW well.”

For more information on staying safe in storms and floods, ring the SES on 1 800 201 000 or visit [www.ses.nsw.gov.au](http://www.ses.nsw.gov.au).

For emergency assistance during a storm or flood call the SES on 132 500.’

### **For further information contact:**

Jacinta Gale, North Sydney SES (0422 841 185)  
Ian Ernst, Mosman SES (0402 038 711)

*The worst in nature  
the best in us*